**Who I want to work with**

1. Fill the first column with groups, communities or categories of people that you might be interested in working with as a volunteer. For example, animals, children, people with a specific disability, elderly people, refugees. Feel free to add more rows if you can think of more than five groups.
2. Fill the second column with things you could do to help each group. For example, gardening, crafts, cooking, talking to people.

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| **Groups I would like to work with** | **Things I could do to help** |
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